Harbor House Crisis Shelters

A Ministry of Faith United Methodist Church

1513 Hughitt Ave.

Superior, WI 54880

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Thank you to our community and state partners:











Harbor House Crisis Shelters



Shining Light Newsletter

This summer has been filled with busyness and blessings with more to come! Harbor House Crisis Shelters kicked off the summer by celebrating our 15th anniversary through our first annual 15/5K event. We had over 120 participants and raised over \$5,000.

HHCS quickly moved onto our busy season of volunteerism. We were a Head of the Lakes United Way Day of Caring site, a mission work site for the New Life United Methodist Church and United Methodist Church of New London as well as a work site for the Wildfire! Youth Mission event. There are more details in this addition about the Wildfire! accomplishments.

HHCS has had two successful monitoring visits this spring/summer to ensure that funds are managed appropriately. The monitoring visit also examined the case files for compliance with the Housing and Urban Development (HUD) requirements.

This is also the time of year when our shelter sites are at capacity with daily calls requesting shelter. During the months of May-September, every bedroom is full ninety percent of the time. This is also the peak time for number of children in the program, with the high of fifteen and a low of eight during these corresponding months.

While there is always a lot going on—our focus still remains on making the Harbor House Crisis Shelters ministry hospitable place for homeless women and families to temporarily dwell. The work that we do together makes it possible for lives to be impacted through resources, care, and hope. Thank you for your support. We are blessed.

Grace and Peace, Rev. Barbara Certa-Werner, Executive Director

revbarb@harborhousecs.org

Highlights of the Wildfire! Youth Missions Work Week

- Installed new key pad locks
- Assembled and installed new metal bunk beds (six sets)
- Painted three bedrooms, living room and two bathrooms
- New tile flooring in bathroom and entry way
- Cleaned out gutters and painted trim work
- Replaced missing shingles
- Cleaned storage sheds
- Installed new smoke detectors
- · Assembled closet shelving
- Installed new kitchen faucets
- Installed new bathroom sink and cupboard
- Sorted donations
- Cleaned
- Installed mini-blinds
- Repaired fences
- Installed new phones
- Mowed/weeded lawn



The pictures illustrate the Wildfire! Youth Mission Teams work during the week of July 17–22, 2016. Thank you for all your work at the three sites.

Five Objectives from "Open Doors: Federal Strategic Plan to Prevent and End

At Harbor House Crisis Shelters, we are working to address barriers homeless families and single women face in the Northern Wisconsin area. Nationwide, there is a plan to prevent and end homelessness. The following is the five objectives to address homelessness in America:

- 1. Provide and promote collaborative leadership at all levels of government across all sectors to inspire and energize Americans to commit to preventing and ending homelessness.
- 2. Strengthen the capacity of public and private organizations by increasing knowledge about collaboration, homelessness, and successful interventions to prevent and end homelessness.
- 3. Provide affordable housing to people experiencing or most at risk of homelessness.
- 4. Provide permanent supportive housing to prevent and end chronic homelessness.
- 5. Improve access to education and increase meaningful and sustainable employment for people experiencing or most at risk of homelessness.

During the next year, HHCS will provide newsletter information regarding the strategies that this document recommends and what this may look like for our organization. The complete document may be found at www.usich.gov.

LIFE SKILLS: BUILDING A BETTER TOMORROW

In 2015, Harbor House Crisis Shelters launched a self-assessment for guests to determine life skill needs. We have included a sample of the form to illustrate some of the areas of need.

- Money Management Skills and Ability to Pay Rent (keep up with entitlement/benefits paperwork, cash checks, budget)
- Personal Hygiene Skills (bathing, washing clothes, buying and using toiletries, dress appropriate for weather)
- Travel Skills (use public transportation, follow directions)
- Social Skills (sensitivity to and respect for the needs and rights of others, conflict management skills, ability to maintain positive relationships)
- Social Supports (connections to family and significant others, needs for interaction and time alone)
- Awareness of Service Needs and Ability to Seek and Accept Help
- Communication Skills (able to make needs known, ask for clarification when not clear about what others have said)
- Ability to Manage Health & Psychiatric/Substance Abuse Care (make and keep appointments, manage Medicaid or health insurance paperwork requirements, take medication as prescribed, communicate with doctors and service providers)
- Shopping and Cooking Skills (able to obtain meals by buying or cooking food, store food properly)
- Housekeeping Skills (able to clean space, wash sheets, remove garbage regularly, remove excess clutter, report any problems to management)
- Awareness of Substance Use Relapse Patterns and Consequences of Use (disruptive behavior, inability to work or maintain housing, relapse triggers, support network)
- Ability to Follow House Rules (refrain from violence, refrain from using illegal substances, follow noise requirements)
- Ability to Pursue Self-Identified Goals (planning, prioritizing, and accessing needed resources, problem solving and negotiation skills)

Please support our generous 15/5 K Sponsors:

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715-394-5531

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1705 Tower Avenue, Superior

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Essentia Health

3500 Tower Avenue, Superior

715-817-7000



Bronze Sponsors:

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823 Belknap, Superior 715-398-5868 **Duluth Running**

915 East 5th Street, Duluth, 218-249-5555

St. Luke's

915 East 5th Street, Duluth 218-249-5555





Mark Your Calendars for Saturday October 15—Sunday October 16 for the Annual Night Without A Home event beginning at noon. This event raises homeless awareness and funds for Solid Rock, The Society of St. Vincent DePaul, Project Outreach, Center Against Sexual and Domestic Abuse, Harbor House Crisis Shelters and Salvation Army. Hope to see you there!

Making A Difference 2016

November 11, 2016

5:30 p.m. Silent Auction opens

Yellowjacket Union, Superior, WI

Celebrating 15 years of ministry with the homeless

Tickets are \$35 each

Visit us on our Facebook page for more information.

Enclosed is my donation to help serve children, youth, women, and families experiencing homelessness:					
\$250	\$100	\$50	\$25	\$	Other
My email addres	ss is:				
There are corrections to my name / address on the reverse side.					
All gifts are tax-deductible. On-line donations may be made at: www.harborhousecs.org;					
www.facebook.com/harborhousecrisisshelters.					
or					
Please return this form with your check payable to:					
Harbor House Crisis Shelters.					
Thank you for your support and contribution!					

Harbor House Crisis Shelters Needs List:

- cleaning supplies
- crafts for children
- bath towels
- disinfectants (wipes and sprays)
- women's hygiene products
- diapers (sizes 3, 4, or 5)
- wipes (baby and adult)
- laundry soap and dryer sheets
- garbage bags (13/30 gallon)

All items may be dropped off at 1531 Hughitt Ave., Superior. Thank you.